

ESOTERIC STUDENTS' NEWSLETTER
Sponsored by Southern Lights Centre and
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JOINING THE DOTS – HOMO SAPIENS TO HOMO LUMINOUS

This article is a sequel to my article in the September newsletter, entitled *I am That and That am I*, in which I examined how our human identity is being eroded and the need to build heart resonance in response.

The Origins of Humanity

I want to outline one story of the origins of humanity on our planet. It involves what I would call an archetypal battle between two views of humanity which I think is continuing and even escalating right now in the world. These two views regarding human nature can be related to the stories of extra-terrestrials (ET's), called the Annunaki portrayed in ancient Sumerian cuneiform tablets. In these stories two half-brothers, Enlil and Enki, came to Earth in very ancient times to mine gold for their planet

The Epic of Atrahasis Clay Tables (transl. George Smith & Stephanie Dalley)

These tell the story of extra-terrestrials coming to Earth to mine, creation of humans and the Flood



(1)

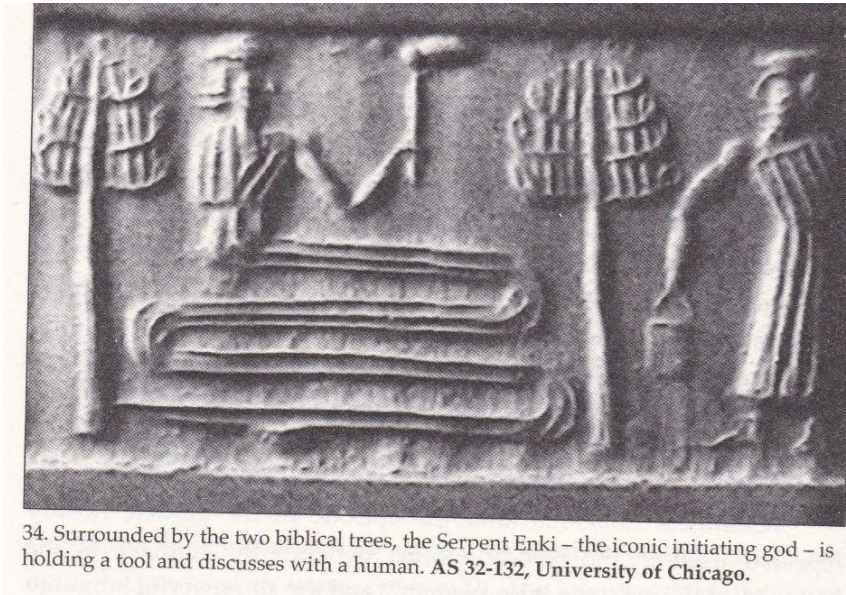
Enki was a geneticist who created humans to do the mining of gold. Originally the new humans had lifespans of thousands of years, evidenced in the length of the Kings' reigns in the cuneiform list of these (The Sumerian King List). However, genetically, immortality was denied them, and their lifespan was reduced to 120 years. The extra-terrestrials were immortal.

In the cuneiform stories these E-T's, called "Elohim" in the book of Genesis in the Bible, then became gods of various regions in the Middle East, the most well-known becoming the monotheistic god Yahweh of the Bible. Michael Tellingner in his book *Slaves Species of god*, points out the violence, totalitarian behaviour and greed of Yahweh in the Old Testament.

Many Biblical stories derive from the cuneiform writings of the Sumerians - stories of the creation of Adam and Eve, their eating of the Tree in the Garden of Eden, Noah and the Flood and the Tower of Babel. So these were the stories of the early extra-terrestrials, the Sumerians, written a long time before the book of Genesis in the Bible was written.

In the Biblical version of Adam and Eve in the Garden of Eden Enlil was depicted as Yahweh and Enki as the Serpent. Enlil was also known as the Serpent in the Sumerian cuneiform accounts. However, the connotations of Serpent in these cuneiform accounts indicated that he was known for his wisdom and the benefits that he brought to the new humans.

This image is from Anton Parks' book *EDEN The Sumerian Version of Genesis*



34. Surrounded by the two biblical trees, the Serpent Enki – the iconic initiating god – is holding a tool and discusses with a human. AS 32-132, University of Chicago.

Enlil wanted to keep humans as under-developed slaves for mining purposes whereas his brother, Enki, felt a bond with the new humans because, as a geneticist, he had contributed his own genes to these newly created humans so that they could procreate and perform more complex tasks. He was a geneticist.

Enlil wanted to use the impending Flood to rid the Earth of the growing population of humans who were intermarrying with the ETs. Enki saved some humans and the genetic codes of humans and the animals (the story of Noah in the Bible). Enlil wanted to keep the extra-terrestrial bloodline pure and separate, and superior. It was these extraterrestrials who eventually bestowed kingship on humans and conducted wars over territory on the Earth.

We could say that today there is still this polarisation in the world with those humans who regard humanity as a commodity to be controlled (mandated) or punished and degraded, and those who value human freedom of choice and expression, human dignity and fullness of being. (2)

Matthew Le Croix in his book *The Illusion of Us* postulates that the bloodline of these extra-terrestrials has been kept and guarded down the ages through money, power and war. Humanity has been kept ignorant and under-achieving in terms of the huge advances that could have been made in anti-gravity energy and energy medicine.

Revisiting the Bible

Recently Paul Anthony Wallis (once an Archdeacon in the Australian Anglican Church, a Church doctor and teacher of Biblical hermeneutics for thirty years) began to put the dots together regarding the origins of humans on our planet. He deduced that Earth's humanity was created by extra-terrestrial beings, the "Elohim", who were perceived as gods by the earthlings because of their advanced technologies. His findings are in his recent books on Eden (3).

The reason I am introducing this theme is to illustrate what I see as a duality still existing in our society, which seems to be re-playing the themes of the Sumerian stories of Enlil and Enki and their dealings with humanity.

The destruction of Sumeria with atomic weapons was undertaken by Enlil and Enki in an unsuccessful attempt to stop Enki's son Marduk from becoming the supreme ruler/dictator of the region. In retrospect, after this nuclear event, as dictated to his scribe in cuneiform tablets, Enki pondered on cycles. (4)

Alone was Enki left; only by the thoughts of his heart was he
accompanied.
How it all began and how it thus far ended, he sat and pondered.
Was it all destined, or was it fate by this and that decision fashioned?
If Heaven and Earth by cycles within cycles regulated,
What had happened will again occur? Is the Past—the Future?
Will the Earthlings the Anunnaki emulate, will Earth relive Nibiru?
Will he, the first to arrive, the last to leave be?
Besieged by thoughts, Enki a decision made:
All the events and decisions, starting with Nibiru to this day on
Earth,
To put in a record, a guide to future generations to become;
Let posterity, at a time by destiny designated,

There is evidence that the extra-terrestrials are returning as our planet and humanity are going through another cycle. This seems to be in line with the Law of Periodicity, to be discussed in a later section of this article. According to Elena Danaan in her book *The Seeders, Return of the Gods* (2022), Enki is now re-involved with our Earth.

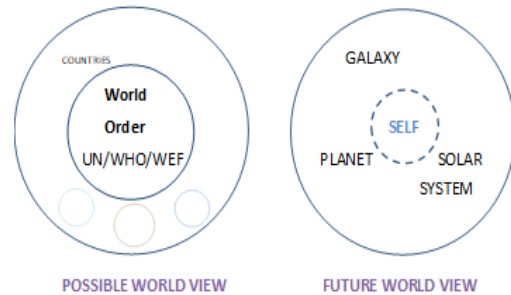
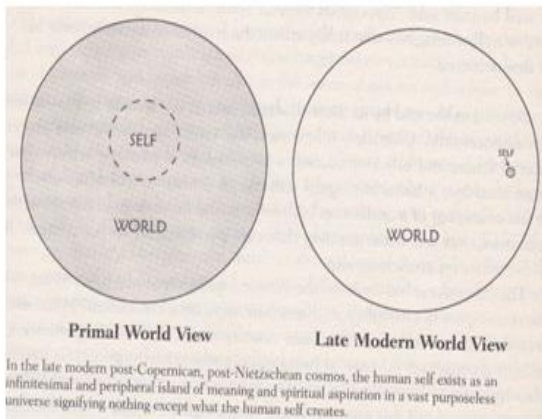
We might suppose that Enlil's approach was predominantly mental, task-oriented, and perhaps more from the left-brain of logic, reason, analysis and linear thinking. Enki's approach to humanity appears to have been more heart-felt, intuitive and holistic.

To illustrate my thinking I draw from the model of the seven rays, studied by many theosophists and ageless wisdom students as the building blocks of creation. I am perceiving a lot of the negative expressions of Rays 1 and 2 in the world now:- Ray 1 of will and power (red) and Ray 2, Love and Wisdom (indigo blue). Ray 1 can be expressed positively as standing for a principle and defending freedom, or negatively as dominance and ruthlessness. Ray 2 can be expressed as compassion and the quest for truth or as lack of assertiveness and over-sensitivity to conflict.

We could say that today there is still this polarisation in the world with those humans who regard humanity as a commodity to be controlled (mandated) or punished and degraded, and those who value human freedom of choice and expression, human dignity and fullness of being. These polarised views are reflected in world views.

To Richard Tarnas's world views I add two possibilities for the future of humanity.

Richard Tarnas *Cosmos and Psyche*



Above I propose a **POSSIBLE WORLD VIEW** with World Order/technocracy at the centre, overseeing the world in a one-way dominance (WHO, UN, WEF, CBDC). Fear due to “false flags” strengthens reliance on this structure carried out as an emergency by countries (Iraq “weapons of mass destruction, and, arguably, 9/11 and the pandemic).

This is in line with the original definition of technocracy:

“Technocracy is the science of social engineering, the scientific operation of the entire social mechanism to produce and distribute goods and services to the entire population” (5),(6)

The **PROPOSED FUTURE WORLD VIEW** is akin to the primal world view – as above, so below. We are all fractals of the one spirit. We seek the laws of the universe and of nature. Increasingly we realise we are members of the Galaxy and the family of species in the cosmos.

There are wonderful examples of ET’s who have been helping humanity in **COLLABORATIVE VENTURES WITH HUMANS**. They appear to be stepping up their help at this time due to the encroaching Age of Aquarius and the current place of our solar system in the cycles of the heavens.

Here are some examples of their collaboration. (7)

*“Elena Danaan’s new book, *We Will Never Let You Down*, casts much needed light on the diplomatic negotiations between President Dwight Eisenhower and Valiant Thor—an ambassador of the Galactic Federation of Worlds—from 1958 to 1961. Now we finally have a fresh new perspective, directly from Valiant Thor himself, of the unsuccessful negotiations that were conducted. We learn about his warnings about negotiating with an alliance of alien predator races; Eisenhower’s betrayal by MJ-12 in signing secret agreements with this exploitative alliance; and how the Galactic Federation has ever since been mitigating the effects of these nefarious agreements through numerous covert actions to raise human consciousness and spark a planetary awakening. A must read for all wanting to prepare for the momentous global changes that lie ahead! ”*

Michael Salla, Ph.D.

June 6, 2021- Kailua-Kona, Hawaii

This second image (below) describes the healing work undertaken between humans and ET's

X3, Healing Entities and Aliens

Adrian Dvir

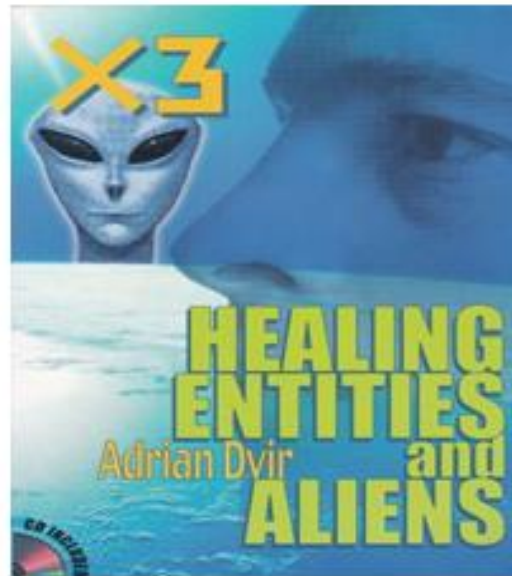
English Edition 2003 (Hebrew 2001)

from Foreword by Chani Solomon, Journalist,
Government Office of Journalism

"I was present at several of the treatment sessions presided over by the special team of aliens...I saw the tremendous improvement in the health of the subjects that were treated..."

Through my personal acquaintance with the author, I can verify that his grounding in the sciences - including a Master's degree in computer engineering - throws a professional light on the many questions he raises and with which our scientific paradigms have not found appropriate ways of dealing."

In 2002, the number of known alien clinics in Israel reached 50.... The author and some of the healers mentioned in Dvir's books have appeared on Israel television, radio, and in the press, documentation of which can be seen in the author's Web site...adriandvir.com



This third example (below) of contact with Extra-Terrestrials lists the speakers at a Conference of the Galactic Spiritual Informers Connection in September 2024

GALACTIC SPIRITUAL INFORMERS CONNECTION Denver Colorado 27-29 Sept 2024

Conference Speakers

DANI HENDERSON NLP Prac C.H. Dip ALIEN EXPERIENCER & HOST OF GSIC -

An alien and paranormal experiencer, broadcaster on British television & founder of 'GSIC' -.

ELENA DANAAN EMISSARY FOR GALACTIC INTEL

Archaeologist Elena Danaan, an Extraterrestrial Contactee; Emissary for the Galactic Federation of Worlds..

DR. MICHAEL SALLA EXO-POLITICS WORLD EXPERT

The world leader in Exo-Politics, understanding covert operations of Space Force and the Earth Alliance.

DAN WILLIS FORMER TOP SECRET NAVY WHISTLE BLOWER

Dan Willis has spent his life researching and developing technologies to enhance humanity. Dan is working with off-world personnel & crystal technology that creates Phryll

MÉLANIE CHAREST HYBRID CHILD RESCUER

A contactee since birth, Mélanie is a human hybrid. Her mission includes protecting and rescuing human and extraterrestrial children

DAVID ADAIR

David Adair is a renowned leader in off-planet and rocket technology, credited with creating some of the most advanced space technology in the world. He reveals the truth about Area 51 and NASA, and his experiences as a contactee with off-planet consciousness

J P The Insider

Known as "the insider", JP will speak in public for the first time on Space Arcs, The American Military Space Fleet, Inner Earth, ET beings and much more.

JERRY WILLS VISITOR FROM A DISTANT STAR SYSTEM, HEALER, & PROLIFIC PSYCHIC

As a newborn baby, Jerry was "dropped off" (as agreed with the Eisenhower Administration) on earth to integrate with humanity to support the ascension of the human race.

DR. CHRISTIANE NORTHRUP DOCTOR OF MEDICINE GLOBAL HEALTH AMBASSADOR

A physician & respected leader in the history and future of medicine, a leading edge expert of how to gain optimal health. Named one of 12 most trusted in the world!

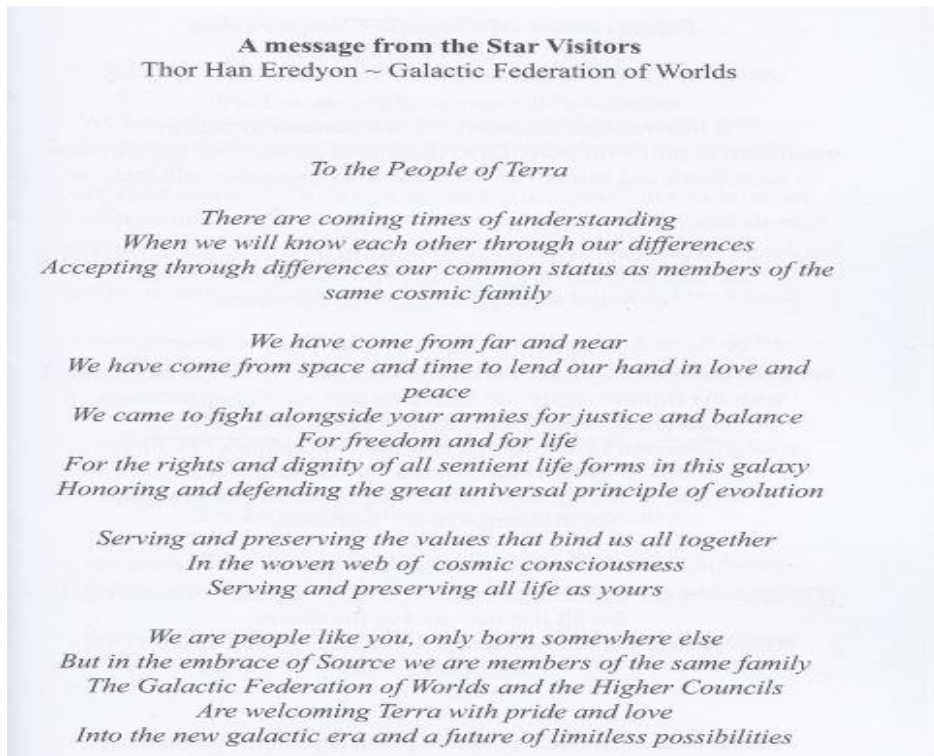
DR. LEE MERRITT FORMER NAVAL PHYSICIAN

Dr. Lee is known as the Medical Rebel, who reveals shocking truths with proof and historical events

JEAN-CHARLES MOYEN SUPER SOLDIER / TOP SECRET MISSIONS

Jean-Charles was abducted as a child into French military off-planet programs.'.

The fourth example of Extra-Terrestrial contact is a missive from Thor Han Eredyon who rescued Elena Danaan from an ET spacecraft where her reproductive system was being exploited. This letter to Earth's humanity appears in her book *We Will Never Let You Down* (2021)



What is this message from the Extra-Terrestrials? (in the Stonehenge/Crop Circle phot below)



Wiltshire | 7th July 1996. Stonehenge and Julia Set Crop Circle

Stonehenge represents the earthy cyclical nature of human experience, treading the rounds of the seasons in linear fashion, in time and space. In my opinion, The Julia Set Crop Circle represents the spiral nature of human consciousness with its ability to 'quantum shift' and access past and future across the spirals, as well as higher dimensions of reality. **3D spirals enable quantum shifts in consciousness that are not linear.** As well, are we being invited to co-create using the golden mean for harmonious and natural creations? **Eckhart Tolle and Dr David R Hawkins could be seen as examples of homo sapiens becoming "homo luminous", after they spiralled down from despair, into a void, then spiralled up to the bliss of enlightenment.**

This was Eckhart Tolle's experience in his book *The Power of Now*:-

"I could feel myself being sucked into a void...as if the void was inside myself...I let myself fall into that void. I have no recollection of what happened after that. I was awakened by the chirping of a bird outside the window...The first light of dawn was filtering through the curtains....I knew that there is infinitely more light than we realize. That soft luminosity filtering through the curtains was love itself....Everything was fresh and pristine as if it had just come into existence. That day I walked around the city in utter amazement at the miracle of life on earth, as if I had just been born into this world. For the next five months, I lived in a state of uninterrupted deep peace and bliss.....I realized that nothing I ever did could possibly add anything to what I already had."

Dr David R Hawkins, author of *Power vs Force*, had a similar experience to Tolle at a point where he was about to commit suicide due to an inability to master his alcoholism and drug addiction. He cried out for help "if there is a God". This account appears in the biography of Hawkins, *Doctor of Truth*, by Scott Jeffrey.

I wonder whether Earth's humanity is being required to go to the depths of loss of sovereignty, freedom, beauty and goodness in order to have to fight to reclaim these precious attributes and make a leap to a higher stage of illumined consciousness. The section below, *The Old Order is Passing*, seems to presage this process.

My experiences

I have found that the research into these areas has corroborated my own experiences. These included a past life memory involving extra-terrestrials. Also I found on the internet, in 2021, a list from a US agency detailing legal ways to degrade humanity and the environment. This was a shock. Experiences as a psychologist with my clients in hypnosis and through the various sub-personalities of dissociated systems (Dissociative Identity Disorder) indicated that ritual abuse and sophisticated mind control methods were used to hold these clients in fear and compliance, some of these methods which I later recognised in Elena Danaan's books.

I read a startling and chilling book, *The Pied Pipers of Heaven* by L. Kin, a former Scientologist writing about extra-terrestrial methods for subduing humanity and how these methods were countered by the clearing work of Scientology in the early days of its success.

So why are these happenings occurring now, in our human history? It's due to the huge cosmic cycles of which HP Blavatsky writes much, as well as Alice A Bailey, conveying the teachings of the Tibetan Master Djwhal Kuhl. The second Fundamental Proposition of Blavatsky's *The Secret Doctrine* is the Law of Periodicity.

The old order is passing

I want to include key writings as our solar system enters the new era of light and brotherhood known as the Age of Aquarius. The excerpt below describes the larger cycle of our solar system around the centre of our Milky Way Galaxy and then the cycle of our Sun through the constellation of Aquarius. The third excerpt describes the associated pole shifts of our planet Earth and the resultant geological upheavals on our planet.

This is.....the most amazing period in the history of humanity. we are entering another greater round of the Zodiac, and this coincides with the lesser zodiacal activity because Aquarius governs the greater immediate cycle of 25,000 years and is also the sign into which the sun is now moving for a period of 2300 years.....(8)

There has never been a period in our planetary history in which opportunity has loomed so large or when so much spiritual light and force could be contacted and utilised by humanity functioning through the medium of an extra-planetary light,..... the shifting of the penetrating, focussed light in extra-planetary areas of consciousness (9)

A shift in the Earth's polarity, due to the pull of a great cosmic centre...At each of the great shifts in the Earth's axis, there has been upheaval, confusion and cataclysm, preceding reconstruction, stabilisation and relative quiet. (10)

The following two excerpts are from the internet and describe the influence of the Photon Belt as our solar system also circles around Alcyone.

In our solar system, our Sun is part of a larger network of Central Suns. Our immediate Central Sun is Alcyone, the brightest star in the Pleiades cluster in the constellation of Taurus..... Our Sun is in constant communication with Alcyone. It's like a cosmic dance that the two engage in as a way to pass information, energy, and insights on to the development of ascending collectives in this part of the galaxy. When our Sun gets closer to Alcyone consciousness ascends. This process is part of a 26,000 year cycle where our Sun, and solar system, completes a full cycle in its orbit around the Central Sun [The Galactic Centre, 27 degrees Sagittarius.]..... Thestarscience.com July 6, 2021

*As our Solar System makes its way through the Universe it passes through various energy fields in space. We are closing in on one of those energy fields now known as the Photon Belt. This is an incredibly spiritual field and is part of the even Greater Central Sun in our galaxy, Sirius. Photons of light emanate from the Central Sun and bathe our planet as we pass through it. It's a process whereby the darkness of egoic unconsciousness is illuminated and upgrades in awareness transpire. **It's a process of synchronicity.** Thestarscience.com 2*

"The sun (i.e. the solar system) has Alcyone in the Pleiades for the centre of its orbit". The Secret Doctrine Vol II 582.)

The Photon Band

Diagram from
Barbara Hand Clow
The Pleiadian Agenda

(Abridged)

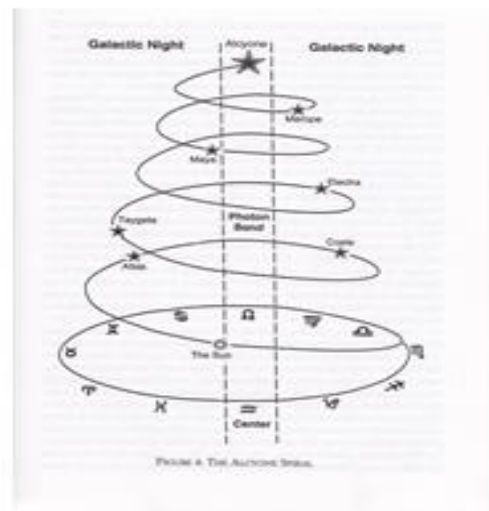
Alcyone is the chief star in the Pleiades around which our Solar System orbits.

Alcyone is always in the Photon Band.

As our Sun enters the zodiacal constellation sign of Aquarius it enters the Photon Band.

There will be a shift in human consciousness on our planet for 2000 years

. Esoteric Astrology AA Bailey



As an astrologer I have noted that

- Pluto transits into Aquarius for 2 decades from 2025
- Pluto transits out of Capricorn on 20 November this year.
- Thus it will no longer support the plutocracy (the wealthy elite or ruling class) which was the underbelly of Pluto in Capricorn. Pluto is the god of the underworld, of money, sex and power, as well as of death and rebirth, transformation, through bringing into the light that which is hidden. In the astrology chart Pluto rules the eighth house of forensic science, detective work, psychotherapy and joint resources.
- Aquarius is an air sign, signifying communication, and it rules the eleventh house of group projects, especially projects for social transformation.
- Pluto was last in Aquarius at the time of the French Revolution

A Current Battle

*The final break or division between the so-called **black and white forces**..... will take placeTowards the close of the sixth root race.....we shall have the true Armageddon. **A small cycle, corresponding to this final battle and cleavage, will appear during the sixth subrace which is now in process of formation**.....The coming great division will have its roots in the **mental world** [in this current Aryan or mental fifth root race] and will consummate in the sixth subrace. (11)*

We are entering the sixth-subrace of the Aryan fifth root race now. According to Annie Besant, a prominent early Theosophist, in her book *Changing World* (1909), this sixth sub-race will be characterised by shared group leadership for a united goal, the ability to unite diversity and blend into a common whole, intuition, wisdom, compassion, psychic powers. Many young people are now in incarnation and will continue to enter our humanity with these characteristics which will take us further into the Aquarian Age.

The battle described in the above excerpt is the battle for minds and for truth. From my perspective, part of this battle was waging during the pandemic, through misinformation/disinformation, wokeism, gas-lighting, censoring and punishment for opinions other than the official narrative.

My final words for this article are in the form of a prayer for humanity:

Second Great Invocation 1940

Let the souls of men
awaken to the light

And may they stand
with massed intent

Esoteric Astrology Alice A Bailey



The Pleasure Principle, René Magritte (1938-1967)

Blessings to all readers at this Christmas-tide.
Julia Tarnawsky

Endnotes

- (1) See the following:
Elena Danaan Seeding; *Return of the Gods* (2022)
Michael Tellinger *Slave Species of god*
Matthew La Croix *The Stage of Time*
Anton Parks *EDEN The Sumerian Version of Genesis*
Zecharia Sitchin *The Twelfth Planet; The Lost Book of Enki*
- (2) In the Childrens Health Defense e-journal *The Defender* 2/11/24 Dr Christine Parks, a molecular biologist, questioned “Are we human beings. Or are we just seen as some sort of animal that can be herded and culled ‘for the greater good’?”. She was commenting on the euthanasia of a Canadian man in his late 40’s who was suicidal, with depression, PTSD and “Post-COVID 19 vaccination somatic symptoms disorder” (Chronic Fatigue Syndrome). She was concerned about the availability of long term medical treatment and social support for such a person. She surmised that euthanasia could sidestep such social responsibilities in the increasing number of assisted deaths in Canada
- (3) Paul Anthony Wallis *Escape from Eden; Echoes of Eden; The Invasion of Eden; The Eden Conspiracy*
- (4) *The Lost Book of Enki* Zecharia Sitchin
- (5) *What is Technocracy.* The Technocrat Magazine 1930, in *Technocracy The Hard Road to World Order* Patrick M Wood
- (6) Perhaps the ultimate technocratic development in our society is in the field of reproduction. NS Lyons (the upheaval@substack.com) reports on a speech by lawyer Jeff Shafer entitled *Machine Antihumanism and the Inversion of Family Law* at the “*Meaning vs, the Machine Conference*” in Margaretville, New York in October 2024.
NS Lyons in his report writes that Shafer shows “how the application of the new technologies and commercial surrogacy processes to reproduction is already radically redefining both family and human personhood within the liberal managerial worldview, not only in theory but in law. He then shows how this redefinition must logically lead to a truly totalitarian social and political dynamic, in which children become not persons but assembled products”
Shafer in his speech says that “Basic to the law’s role in the relational security of children is the law’s deference to the natural family and the anthropological depths that this family represents and anchors in society”.
- (7) This first image is from the back cover of Elena Danaan’s book, *We Will Never Let You Down* (2021)
- (8) *The Externalisation of the Hierarchy* A A Bailey
- (9) *Discipleship in the New Age* Vol 2 A A Bailey
- (10) *Esoteric Astrology* A A Bailey
- (11) *A Treatise on White Magic* A A Bailey

THE LIVING MASTER

I've recently returned from a 9-day retreat in Dunedin, led by a Chinese teacher of the Ageless Wisdom tradition, from whom I've been learning for the last 6 years or so.

He (Yuan Tze) prefers to be called a 'Teacher' rather than 'Master', primarily for reasons pointed at by the Master DK in the introduction to each of the Blue Books, as follows:

"I am a brother of yours, who has travelled a little longer upon the Path than has the average student, and has therefore incurred greater responsibilities. I am one who has wrestled and fought his way into a greater measure of light than has the aspirant who will read this article, and I must therefore act as a transmitter of the light, no matter what the cost ... I have told you much; yet at the same time I have told you nothing which would lead you to offer me that blind obedience and the foolish devotion which the emotional aspirant offers to the Guru and Master whom he is as yet unable to contact."

However, for the purpose of this article, which is to offer up my thoughts on the role of a living teacher in our spiritual development, I will sometimes use the term 'Master' as a conveniently understood reference point.

Some years ago, I came to the view, independently and after a period of some internal debate, that I would not progress spiritually in the way, or at the rate, that I wanted, unless I was able to learn from a living Master.

That decision was influenced to some extent by my understanding of the teachings in the Blue Book. That would seem incongruent, given that the teachings offered by DK were transmitted telepathically to Alice Bailey (albeit DK was physically alive for at least part of the period during which the teachings were recorded).

DK's insistence that the externalisation of the Hierarchy was imminent, is important though, I think. In *The Externalisation of the Hierarchy* it is said that; 'in all probability' the 2025 conclave of the Hierarchy will set a date for that externalisation. Objectively, I see my teacher's work, his teachings, his system and in particular the group structure he has developed, as a present example of the externalisation foreseen by DK. Importantly too, the teachings in the Blue Book are presented in a manner that can be abstract, intellectual, and veiled somewhat by esoteric symbology and language. A 'stepping-down' and grounding of high-level concepts in lived experience is, I think, required. That, is the domain of the living Master, whether or not the Master is consciously aware of the specifics of other earlier content.

Also relevant, and related to this, is the extraordinarily rapid change in the physical, social, cultural, economic and political climate in the last 70 years, since DK's final teachings were transmitted. While truth is eternal, context and application are inevitably complex; and my experience is that guidance may be necessary, to avoid distraction and error.

My path to Yuan Tze's teachings and system came somewhat unexpectedly. A friend (subsequently my life partner, Christine), invited me to learn qigong, a traditional internal energy practice. I resonated deeply with the practice, and immediately found it brought much greater stillness, harmony and clarity to my life. In subsequently deepening my involvement, I discovered that the physical energy practice formed part only of a comprehensive system of life cultivation, designed to progressively lead students towards realisation, wisdom, and ultimately, enlightenment.

By way of background, but not so as to encourage the 'foolish devotion' spoken of by DK, or unnecessary focus on the form aspect, my teacher was born in mainland China, grew up during the excesses of the cultural evolution, but later (when that became possible) devoted himself to the task of studying, understanding and applying the Chinese wisdom tradition, for the purpose of uplifting his own life, and

helping others (Zi Du, Du Ren). With considerable difficulty one suspects, he was able to learn from highly advanced teachers in that tradition, and migrated to New Zealand over 20 years ago. He has since developed and taught his comprehensive system of life cultivation called Ren Xue.

It is not my intention to proselytise. I firmly believe that truth and wisdom can be found in any true and comprehensive path, and of course through the workings of 'divine' grace. But what follows may be helpful in understanding the benefits and experience of learning from a living Master. Parallels and areas of coherence may be seen with the Blue Book teachings, with other spiritual paths that readers follow, and indeed with the rapidly expanding knowledge and understanding brought to us by new scientific discoveries.

1. There is an absolute reality (the 'Totality'), which in the Chinese Wisdom tradition expresses as, and is subject to, the Tao.
2. Awareness of the Totality is possible only by developing totality consciousness. (No human beings alive have achieved complete totality consciousness).
3. Human beings are fundamentally ignorant. (This is not intended in any derisory or derogatory way, Yuan Tze often acknowledges his own relative ignorance).
4. This ignorance derives partly from human nature, which seeks simplicity and avoids complexity. However, the fundamental root of our ignorance is our identification with the False Self (our lower, ego-derived nature) rather than the True Self (our spiritual nature).
5. The False Self is essentially the manifestation of those unhealthy patterns we have developed over our many lifetimes, expressing and experienced on the planes both of consciousness (thoughts) and the heart (emotions). One could also see it as the Dweller on the Threshold, I suppose.
6. It is the projection of a reference system (an individual's particular way of perceiving reality) that has been distorted by the erroneous interpretation of, and response to, events experienced during this and preceding lifetimes, particularly traumatic events. That reference system prevents us from seeing Totality, or absolute reality, as it is.
7. In order to liberate ourselves from ignorance it is necessary to transform our unhealthy patterns into relatively more healthy ones. That requires the capacity to be able to be deeply self-observant in a continuous manner. To be able to witness emotions and thoughts, and the accompanying bodily sensations, as they arise, and to remain relatively calm and undisturbed in the process. But more importantly, to then be able to face those unhealthy patterns with a high degree of honesty, courage and humility.
8. Such a state of observation is termed Jue Cha in Ren Xue, and is, I think, akin to the Kensho state in Zen Buddhist practice. It requires a high level of what is known as Gongfu. (or Kung Fu). To be able to develop such a high level of Gongfu requires a very pure and abundant qi condition.
9. The building-up of such a qi condition is the ultimate purpose of the external and internal energy practices of the qigong system employed in Ren Xue (Yuan Gong). There are 6 levels of external and internal energy practice, taught progressively.
10. By way of further explanation, qi (prana in the Vedic Ageless Wisdom tradition) is ubiquitous in the universe. It is in a constant state of change and transformation, and the nature and state of qi, and its changes and transformations, condition all things in the material universe.
11. Qi comprises energy, information and matter, at all levels. This concept is highly consistent with the Trinity, and the three Aspects of existence posited in the Ageless Wisdom.
12. Qi, in its energetic aspect, is responsive to consciousness, and the information directed by the consciousness. This is the basis of a system of healing also taught in Ren Xue.
13. It is recognised that in addition to working on our most fundamental patterns, the development of a fully-open heart is a necessary pre-requisite to the achievement of enlightenment.
14. Five particular heart qualities are emphasised, being Trust, Openness, Love, Gratitude and Gongjing (reverence and humility). In each case, expression of the heart quality should be unconditional ie not conditioned by circumstance, relationship or any other external factors. The Master teaches that the

development of any one of those heart qualities in an unconditional way will result in the unconditional expression of each.

15. The three final levels of Ren Xue practice work on the consciousness level, including the heart consciousness.
16. ‘Enlightenment’ as understood in Ren Xue is an ‘experience’ in space and time, which results in a fundamental change in consciousness, together with structural, energetic changes. However, it is a relative enlightenment only. Patterns remain, but are usually transformed easily and quickly. The path of development and growth is never-ending.
17. Yuan Tze has not introduced any teachings on gradations of initiation, but has stated that he has made a choice to return to the earth in his next lifetime in order to continue his work to advance humanity. To those familiar with the Blue Book teachings on initiation, this and his development of a global spiritual group including other realised beings and many teachers, would suggest he is a 4th or 5th degree initiate. The enlightenment experience itself would seem to equate to the 3rd degree of initiation.

This description of the Ren Xue system is not by any means exhaustive, or intended to be, and is superficial. Importantly, the process of learning involves much more than a transmission of ‘information’ (as that is normally understood) to the mind. Our teacher has said repeatedly that most of the information given is by way of heart transmission. Much of what is realised in this manner is brought to mind subsequently. Similarly, all information (as the term is more widely understood in Ren Xue) is transmitted within a ‘qifield’, built by the Master and/or teachers and students. The process of qifield-building is also taught within Ren Xue. The principle (as above) is that consciousness (always including the heart) can direct and condition qi. So, intention, thought and loving heart energy can build a field in which transformation is possible, indeed assured at some level.

The power and purity of the qifield at our recent retreat, attended in-person by around 150 practitioners, with another 150 attending on-line, was very strong. Such an experience, and such an opportunity for growth and development, I think, may be rare, except in the presence of a living Master of the Wisdom.

DK was clear in his teachings that the process of initiation requires and inevitably involves, an ever-deepening connection to the ashram, then to the consciousness and the heart of the Master. Learning from a living Master, within his Group, has given me a much clearer understanding of, and insight into, DK’s teachings, particularly around the Path of Initiation.

Personally, I feel very blessed to have been given the opportunity in this lifetime, to have been taught by such a being. I continue to take great pleasure also in continuing to study the Blue Books and recognising the inevitable similarities in content and approach. I believe the externalisation of the Hierarchy is real, and we are all being given every opportunity to support its work.

Peter Richardson



SOLAR FIRE MEDITATION RETREATS 2024



*Please join us for the next meditation retreat days, Sundays 9.30 am to 4 pm.
Mark your diaries and join us to celebrate the different solar fire astrological energies.*

Capricorn

12 January 2024

Aquarius

9 February 2024

Pisces

9 March 2024

Those wishing to participate are welcome to book in advance and send their birth details so a natal chart can be made for discussion at the Sunday retreat. For example, if you were born in Aquarius, how does your birth chart relate to the full moon chart and energies for Aquarius?

All welcome

For More Information

Phone: Julia 021-1736813, Orest 021-1434583

Email: julia.tarnawsky@gmail.com, orestpleiades@gmail.com

EXTRA-TERRESTRIAL LIFE

Truth is not evident due to the conditioning of “appearances”. My early investigations (prior to 1998) into sound convinced me that science education in Australia did not fully investigate what was already known about sound’s creative power. This realisation alerted me to the general limitations of public knowledge of actual reality and the need to quest for truth. It seems TRUTH has been deliberately suppressed.

The knowledge of the significance of sound is paramount as a foundation for human endeavour. Through the individual’s use of sound and the word, creativity or destruction takes place.

“Audible sound is a very small section of the sound spectrum. Light on our planet or on any planet is the result of sound frequencies from the sun, intersecting with form frequencies from the earth, producing light and in the lower octave heat...”
Through the Curtain Viola Pettit Neal pg 138.

This quote may not agree with information provided by official science; but I fully trust Viola.

Back to the SUPPRESSION factor: - I looked up internet knowledge; “suppression of science by the military/corporate” two results are mentioned below. Military/industrial is an alternative starting point. ... <https://www.scientificamerican.com/article/government-attempts-to-silence-science-are-revealed-in-detail/>

“Suppression of scientists occurs when their research runs contrary to a powerful vested interest such as that of an industrial or government actor. These actors have various goals, including discrediting scientists’ research, preventing scientists from conducting or publicizing their research, or creating a “chilling effect” for other researchers (Kempner, 2008). Typical means of suppression include organizational orders to avoid speaking publicly about specified research or knowledge, threats that the scientist will lose employment or funding, litigation and misconduct investigations, and public attacks on research methods or ethics. This study also understands suppression as a process that includes a triggering circumstance or event, actions by suppressing agents, responses by scientists and their allies, and outcomes.”

Source: - <https://compass.onlinelibrary.wiley.com/doi/10.1111/soc4.13241>

One major area of suppression is concerned with “Extra-terrestrial Life Forms”. Please view; Dr. Steven Greer presents top-secret evidence supporting Extra-terrestrial contact from the historic files of the Disclosure Project. https://www.youtube.com/watch?v=FM_kzZpBw4Q

Three key words have triggered an in-depth investigation into Extra-terrestrial Life to the degree that I am now convinced of “Their” existence, also “Their” presence and influence on earthly/human existence. One thought that emerges is that Extra-terrestrial elements are attributes of human creation...considering this assertion as a reality may be a challenge. Reflect on the following quote: -

“However, brother of mine, there are enough initiates and disciples working upon the physical plane at this time to ensure a recognition so extensive that the steady, consistent arousing of human expectation is guaranteed. Ponder on this and learn to recognise on every side the signs of human anticipation, and the pronounced indication of the approach of the Hierarchy.” *DINAII*, Alice A Bailey, pg 410.

This EXTERNALISATION of HIERARCHY is imminent...2025 Wesak Festival in May...is a critical moment!

In the past this “approach of the Hierarchy” may be considered in relationship to extra-terrestrial beings. This will be discussed when I write upon the 2nd Key word CUNEIFORM. The near future may also provide supporting evidence of this potential happening.

Extra-terrestrial as planetary beings; as star/galactic beings; as cosmic BEINGS or as UNIVERSAL BEINGS needs to be assessed and considered. Even Spiritual Hierarchy may be considered from this viewpoint.

The significance of establishing this viewpoint is the role of “Extra-terrestrial Life” in the presenting circumstances and prior experiences that have led to this “Time” 2024...My aim is to suggest resources that may help others to discern if this is a reality! “Lead us from the unreal to the Real”.

The first key word is CRYSTAL...just a concept that applies to manifestation...yet crystal's inclusiveness directs one to all LIFE! Visit Dr Catherine Clinton's website: <https://www.drcatherineclinton.com/> ... hello@drcatherineclinton.com; there she speaks of the liquid crystal aspects of “cells”...yes human cellular functioning at a Quantum Level due to crystalline structures within the cells.

The earlier quote from Viola's book which refers to sound continues by explaining how “form frequencies from the earth” are expressed via geometrical forms... ‘Platonic solids (sphere included) are the basic forms for studying relationships to sound...Crystalline forms are the best condensation of these abstract world of form and give us an understanding so that we can picture it.’

“Again speaking symbolically... the mineral kingdom marks the point of unique condensation. This is produced under the action of fire and by the pressure of the "divine idea". Esoterically speaking, we have, in the mineral world, the divine Plan hidden in the **geometry of a crystal**, and God's radiant beauty stored in the colour of a precious stone. In miniature and at the lowest point of manifestation, we find the **divine concepts working out**. The goal of the universal concept is seen when the jewel rays forth its beauty, and when radium sends forth its rays, both destructive and constructive. ... The mineral kingdom is therefore the most concrete expression of the dual unity of power and order. **It constitutes the "foundation" of the ordered physical structure or the universe of our planet.**” *Esoteric Psychology I*, Alice A Bailey, page 227

The “Life Energy” which is the sustaining essence of all manifestation is from the originating source the available matrix of the Seven Ray energies thus emerge via FORM. Sound is related to the first Ray of will, power, purpose and intention.

The Cosmic Physical Plane map proceeds to indicate seven layers of reality with each layer being again sub-divided into seven creating forty-nine energy layers proceeding from superfine towards coarse density. Each of the major seven planes is composed of a Ray; yet the sub-ray levels involve all the rays. Rays are energy types creating the “matrix of life energy” available to individual entities.

‘Quartz is our most common mineral. Quartz is made of the two most abundant chemical elements on Earth and elsewhere: oxygen and silicon. Atoms of oxygen and silicon join together as tetrahedrons (three sided pyramids). These stack together to build **crystals**. Billions of tetrahedrons are needed to build even a small **crystal**. Quartz is an almost pure chemical compound with **constant physical properties**.’ ... <https://uwaterloo.ca/earth-sciences-museum/resources/detailed-rocks-and-minerals-articles/quartz>

“Since early in this century it has been known that quartz is a resonator and amplifier of energy. It is a vital component in many electronic devices. What was not known is that quartz crystal is also capable of amplifying "subtle forces" including thought energy.”
www.marcelvogel.org

This energy includes paramagnetic and dielectric forces as well as the variations of the electromagnetic spectrum...note Royal Raymond Rife used **quartz** (not glass) **lenses** in the Rife Universal Microscope of 1933... This allows the entry of energies and forces due to quartz's inner structure. This enabled Rife to view much finer resolutions of life forms (cancer cells). Using the opposite sound to that which they (Cells) emitted he destroyed the cancer cells, thus healing the patient. The emphasis on chemical medicine rather than energy methods still dominates our health systems.

Essentially the vitality of the “Life-force” is also known as Qi, Chi, Ki, Prana, Plasma or the Etheric; these energies flow efficiently and more abundantly through more refined crystalline structures such as quartz and granite. Also through the crystalline structures in varying aspects of the human physiology this “Life Force” flows freely. Earth's Telluric Currents...Ley Lines are energies relate to this quartz crystalline property.

Bill Becker and Bethe Hagens discussed the code of the Platonic Solids' positions on Earth, ascribing this discovery to the work of Ivan P. Sanderson, who was the first to make a case for the structure of the icosahedron at work in the Earth. Buckminster Fuller's work and the Russian team Goncharov, Morozov and Makarov work was also included in their designs. Bruce Cathie (The Energy Grid) is a noted New Zealand writer/researcher in this area. These energy lines and their nodal intersections; it is suggested by Bruce are used by extra-terrestrial craft; and human craft based on developments arising with extra-terrestrial influences. Telluric currents fuel these space transport methods.

Further research has mentioned that crystals are used as energy generating devices within the space crafts.

Crystalline forms such as quartz also utilise and respond to our suns energies. Heat expands the crystals in volcanic stones (granite, basalt) creating piezoelectricity and paramagnetism (Phillip S. Callahan) which are essential for plant growth.

Consciousness abides in all forms of substance. Information, thought-forms, abstraction (symbols/numbers) and comprehension are intimately unified through expression via form... processes that display mutuality; reciprocity, coherence and synthesis are aspects of this **creative life dynamics** expressed via substance/matter. The potential is for human consciousness to interface with this crystalline life (healing) in all substance in new ways.

The KEY POINT is that FORMS that are coherent, structured; refined are able to sustain LIFE due to harmony of relationships/communication. Musical harmonics sounding **create** the geometries of **crystalline forms** and their reciprocal interchange enhances and balances the motion of creation's thrust towards BEAUTY.

My English teacher in year 11 asked the class to write on TRUTH and Beauty... It seems that I am still following her seeding request!

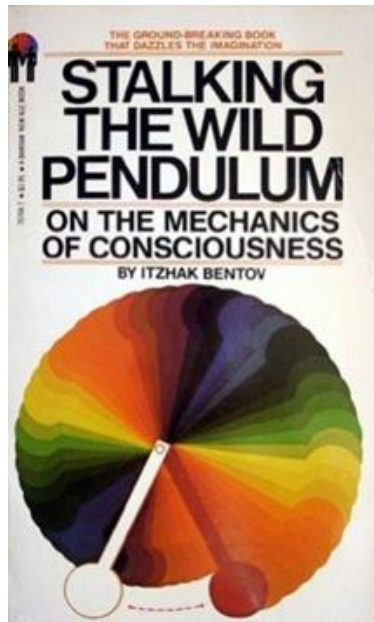
Chaos, noise, dissonance are not conducive to growth. Fear, anxiety, anger, distrust, hatred, violence are destructive forces. INCLUSIVENESS will prevail!

Energy is primary or the causal factor...this POSTULATE is suppressed. Matter is promoted!

Mainly clear quartz (igneous rock) from Madagascar, Arizona, Brazil and the Himalayas were cut into specific geometric forms by Marcel and his trained gem-cutters.

My realisation that all energy (subtle/ electromagnetic) expresses via the “Platonic Solids” as crystalline structures... both as liquid/crystals in water; plants and humans and in solid metallic stones... came from studying “SOUND”... Such Geometry generates frequencies! Resonance generates form...Reciprocity!

As an expressive artistic individual; my need is to also see creativity as “Spirals; curves; squiggles; and free flowing dynamics”. This contrast to geometric structure includes the work of Biogeometry and its regenerator Ibrahim Karim. This is a qualitative interpretation of the life stream.



Itzhak Bentov was a highly original intuitive thinker and inventor.

This book explains how Consciousness relates to SOUND. Sound emanates from all substance and life forms

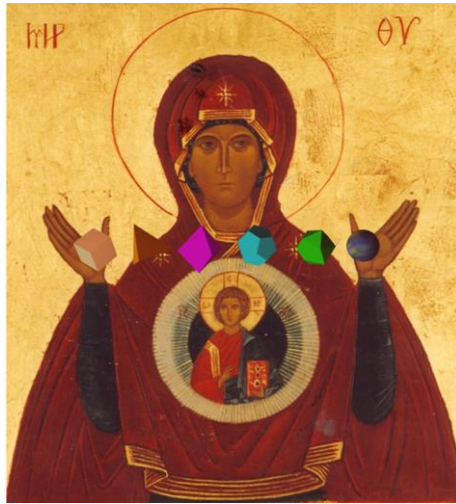
From *Letters on Occult Meditation* by Alice A Bailey [Page 52] come the following postulates:

- 1—That all that exists is based on sound or on the Word.
 - 2—That differentiation is the result of sound.
 - 3—That on each plane the Word has a different effect.
 - 4—That according to the note of the Word, or the vibration of the sound, will the work of building-in or casting-out be accomplished.
 - 5—That the one threefold Word has seven keys, and these seven keys have their own subtones.
- These postulates were/are my commencement foundation for all my studies!

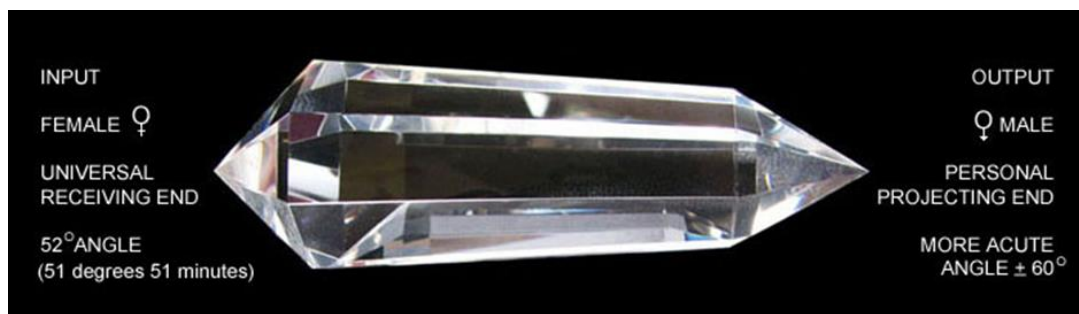
As nodes of a platonic solid are compressed; modulation or transitions as Archimedean Solids are formed takes place. This transformation is induced by changes in frequency. Adaptive intelligence is the 3rd Ray producing balance, harmony and transformation. This is “Life’ in constant change.

Sound made visible has been demonstrated by “Cymatics” via the research of Hans Jenny and of John Stuart Reid (cymascope.com)... “Cymascope”.

Pythagoras is the father of MUSIC and Geometry and his knowledge is a major base for the study of these creative formative principles.



“Mother Spins The Web” A French Icon was used as a backdrop for this image created by me. Cosmic Mother Creator (ray3 Adaptive Intelligence) Shaktipat! Manifestation!



The above image from Dan’s site suggests a quartz structure. This derived from the “Tree of Life” Marcel Vogel in one of his healing presentations states that he had read all the ALICE A BAILEY books. He further reveals a contact with the Master DK. This information encouraged my investigation of his life. There is a sensing that Marcel in continuing his research on crystals is unfolding a revelation of DK’s understanding of the “unity of life. All forms assume a crystalline structure that “life-force” utilises for unfoldment; this “Let Inner Union Demonstrate” Marcel accomplished in his many healing demonstrations.

‘It is the perspective of the Sovereign Integral that all life is pure love in its fullest expression, and that in this single concept, all life is conceived and forever exists.’ This quote is mentioned further in the “wingmaker” article; I add it here because it describes Marcel Vogel’s core essence.

Marcel Vogel is the modern genius of CRYSTALS... <https://www.marcelvogel.org/> is the website of Dan Willis and this site is an incredible rich vein of information...as parts of the index indicates!

Dr Marcel Vogel's Research:

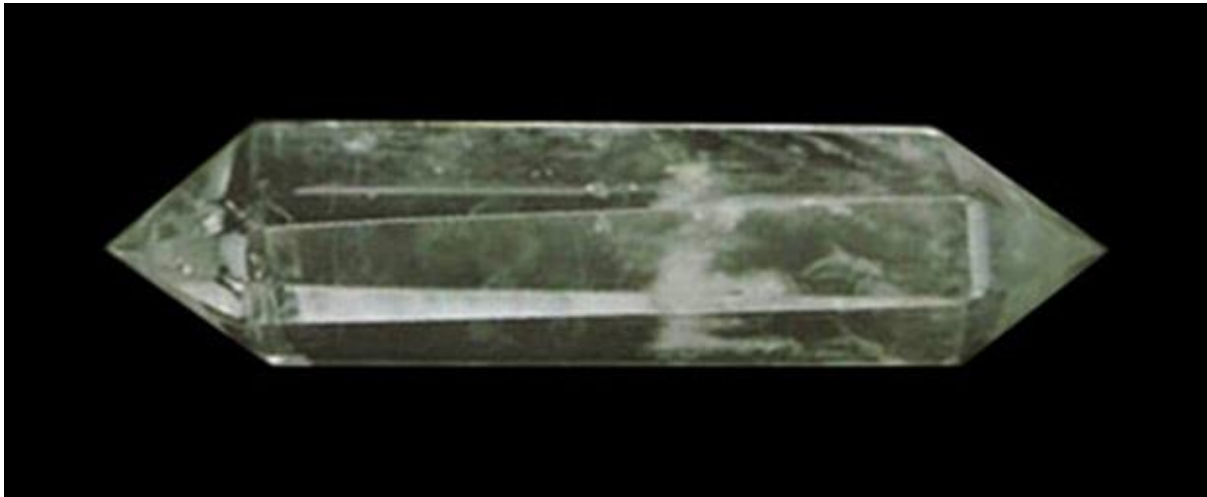
- Few basic fundamentals from the Research
- About Marcel Vogel
- The Squiggle that changed his life
- The vision of a cut structure that could cohere thought
- DeLaWarr Quantum Holographic Camera Project
- Structuring of Water (H2O) with Quartz (SiO2)
- Resource Library for Dr Marcel Vogel
- Psychic Research Inc. Newsletter Library
- Video Library of Marcel Vogel's presentations
- Audio Library of Marcel Vogel's Workshops

Audio lectures by Marcel Vogel
 Audio of Radio Interviews
 Articles by Marcel Vogel
 Vogel Eredyon cut specification crystal source
 Crystal Clearing Sound Scan device
 Crystal Use and Instruction
 Dr Marcel Vogel's healing techniques condensed
 Crystal Classes by Elena Danaan and Dan Willis
 Galactic healing techniques with the eye of the crystal
 Quartz Crystal related subjects of research
Advanced Extraterrestrial Knowledge of Crystals
Pleiadian Crystal Science knowledge from Jen Han Eredyon
 Creating a positive timeline in the planetary matrix using a crystal
 An Unusual Extraterrestrial Experience in 1977

Disclosure of the Extraterrestrial Presence

Note the bold red letters... This sub-section of the index is extra-ordinary and revealing reading. <https://www.wingmakers.us/wingmakersorig/www.wingmakers.com/arrow/chambers/indexes/philoshtml> is also a further sub-section of Dan Willis's site...All the quotes below and diagrams are from this wingmakers-site.

"This reason I am including this incredible story is because of one of the artifacts found in the first chamber immediately caught my attention. **It is a double terminated 6 sided quartz crystal** whose termination angles on both ends appear to be very close to a 52 degree angle."

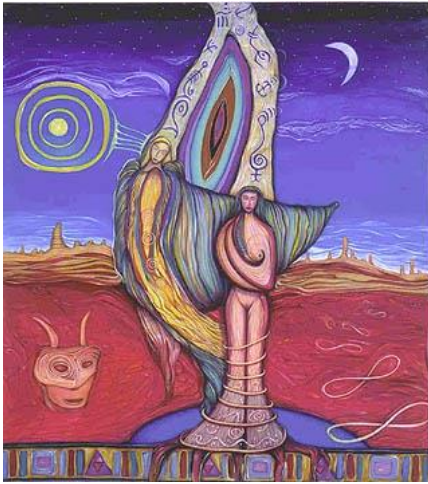


In 1972, in a remote section near Chaco Canyon New Mexico, a group of hikers discovered unusual artifacts and pictographs within an obscure canyon. Due to the possible pre-historical extraterrestrial nature the National Security Agency (NSA) took possession of the project and was archived under the code name "Ancient Arrow".

In 1994, a series of rockslides exposed an entrance to a hidden cavern where they found a system of tunnels and 23 chambers that had been carved out from solid rock. Each chamber held a specific wall painting, series of pictographs, written hieroglyphs, and what seemed to be dormant, alien technologies. The project was then brought under the jurisdiction of a secret department of the NSA called the Advanced Contact Intelligence Organization (ACIO)

A hypothesis was structured by the research team that an extraterrestrial culture established an earth colony in the 8th century. They brought with them a very precise mission to leave behind a massive "time capsule" that would prove to be discovered in the late 20th century.

Among the artifacts was an optical disc. In 1996, one of the scientists (a linguistics expert) was able to finally unlock the optical disc by reducing the symbols of the wall paintings to their closest facsimile found in an **ancient Sumerian text... CUNEIFORM!** Cuneiform is the 2nd Word to be mentioned as this article fully unfolds.



Chambers 6



12

<https://www.wingmakers.us/wingmakersorig/www.wingmakers.com/arrow/chambers/indexes/philo.shtml>

“It is the perspective of the Sovereign Integral that all life is pure love in its fullest expression, and that in this single concept, all life is conceived and forever exists. This becomes the core belief from which all other beliefs arise, and by their extension, one's belief system emerges with a clear intent of supporting this fundamental perspective. Of nurturing, observing, and appreciating the Universe of Wholeness as the cradle from which all life is created, evolves, and ultimately acknowledges.”

“Life Principles of the Sovereign Integral... There are three particular life principles that accelerate the transformational experience and help to align the human instrument with the Sovereign Integral perspective. They are:

- 1) Universe relationship through gratitude
- 2) Observance of Source in all things
- 3) Nurturance of life

When the individual applies these principles, their life experience reveals a deeper meaning to its apparently random events--both in the universal and personal contexts.”

These thoughts bequeathed to humanity in a time –capsule; so relevant to present humanity! The length of this article is becoming an issue; thus the 2nd Word Cuneiform may be addressed in the next Newsletter.

There is much already mentioned about CRYSTALS based mainly on Dan Willis' website ... www.marcelvogel.org that gives the interested reader food for thought.

Study, meditation and service by humanity will bring along MEANINGFUL change. You too can help! We (humanity) are NOT alone.

Solstice Greetings to All
Love Light and Harmony
Jurij-Orest Tarnawskij

SOLAR FIRE DATES AND TIMES

Monthly meditations are always held at the full moon at Southern Lights Centre near Akaroa.

Please contact Julia and Orest for details.

Julia 021-1736813, Orest 021-1434583

E-mail: orestpleiades@gmail.com

MEDITATION TEMPLE DATES

Capricorn	13 January	4.00 pm
Aquarius	12 February	4.00 pm
Pisces	14 March	4.00 pm

FULL MOON

Capricorn ♄ *Keynote: Lost am I in light supernal, yet on that light I turn my back*
(actual time 14 January, 11.26 am)

Aquarius ♒ *Keynote: Waters of life am I, poured forth for thirsty men*
(actual time 13 February, 2.54 am)

Pisces ♓ *Keynote: I leave the Father's house, and turning back, I save*
(actual time 14 March, 7.54 pm + eclipse)

NEW MOON

Capricorn ♄ *Keynote: Lost am I in light supernal, yet on that light I turn my back*
(actual time 31 December, 11.26 am)

Aquarius ♒ *Keynote: Waters of life am I, poured forth for thirsty men*
(actual time 30 January, 1.36 am)

Pisces ♓ *Keynote: I leave the Father's house, and turning back, I save*
(actual time 28 February, 1.44 pm)

THE GREAT INVOCATION

**From the point of Light within the Mind
of God
Let light stream forth into the minds of
men
Let Light descend on Earth.**

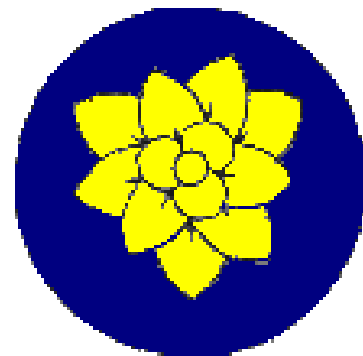
**From the point of Love within the Heart
of God
Let love stream forth into the hearts of
men
May Christ return to Earth.**

**From the centre where the Will of God
is known
Let purpose guide the little wills of men
The purpose which the Masters know
and serve.**

**From the centre which we call the race
of men
Let the Plan of Love and Light work out
And may it seal the door where evil
dwells.**

**Let Light and Love and Power restore
the Plan on Earth**

Om Om Om



CABINS FOR RENT AT SOUTHERN LIGHTS CENTRE CUTE, COSY AND AVAILABLE NOW



CREATE YOUR OWN RETREAT.

**EXPERIENCE SOLITUDE AND TIME IN THE TEMPLE, OR JOIN US IN OUR
THREE DAILY MEDITATIONS.**

COME FOR A NIGHT OR FOR ANY NUMBER OF NIGHTS.

CABINS ARE WARM, ATTRACTIVE AND COMFORTABLE.

PRICE IS LESS EXPENSIVE THAN YOU THINK.



SOUTHERN LIGHTS DIARY NOTES

Greetings to all readers.

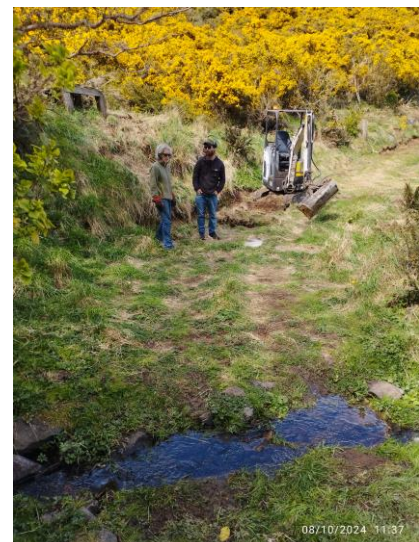
This has been our spring quarter. Here in New Zealand the whole gamut of weather still applied, especially in our sub-alpine region. There was snow in September for the beautiful super-moon and also in October.



Eventually the daffodils emerged and now we are enjoying a feast of birds, some new to our awareness- chaffinches, gold finches and a pretty but dazed shining cuckoo whom Peter revived with loving energy after it flew into the Temple window. Young harrier hawks hover for prey, small squadrons of swallows careen around the house, the sound of the wood pigeons' wing-beat passing overhead as they commute to the forest.

We scheduled a Voices For Freedom meeting in October and five people braved the strong winds and torrential rain to be here across the distances of Banks Peninsula. It was good to meet the regional director from Christchurch whose words of wisdom in the newsletters I appreciate. A wood fire and warm food cheered us as we continue the tradition of offering support, resources and information at a local level.

Peter's nephew came for a few days with his digger and cleared the fire track through the forest, especially making safe the potentially treacherous track across the huge land slip of a few years back. The turning circles were widened for the quad bike and trailer to turn after gathering firewood.



We participated in the *Pest Free Banks Peninsula* project unfolding across the peninsula. A team of people went through the dense bush of our vast steep property laying baits for possums. A surprisingly huge number was culled. Apparently they significantly influence the native bird population.

We seem to have two rhythms going on parallel with each other – the three daily meditations, the monthly Full Moon Meditation Retreats and Full Moons are accompanied by attention to the seasonal planting, maintaining and harvesting of organic food crops and to the native forest. There is a reverence for both streams of activity as parts of the divine - the Creator and the Created. Living in this wilderness is good for the soul. Both strands met for the equinox in September when we celebrated the ancient agni hotra fire ceremony in the Temple.



Orest and I gave presentations to the Canterbury Theosophical Society, Orest on the writings of Paul Anthony Wallis and allied writers. My talk was on exploring our multi-dimensional identity and what is currently shaping it. We enjoyed the warm hospitality of fellow members overnight in Christchurch after both our presentations.

We enjoyed a few days with a good friend at Hanmer Springs, soaking in the hot spring waters and exploring picturesque walking trails in the Hanmer Forest.

Already the men are collecting firewood for next winter, ensuring that half-fallen pine trees in the forest are cut down and brought up to be chainsaws and chopped for drying over summer. One weekend Peter brought a young lad who had earlier visited with his mother and he joined the men in hauling the forest wood in and out of the trailer.



It was refreshing to have a young French WWOOFer (Willing Workers on Organic Farms) join us. She was not only a willing and conscientious worker on the land but also a good student and cook, making a stack of delectable French crepes and a three course dinner. She entertained us with her sensitive singing and guitar playing in the Temple. We are pleased that she and her mother, here from France for a short holiday, will be with us over Christmas. I am practising my French carol from school days - "Jour de lumiere, le beau Noel....". Another French WWOOFER, with us earlier in the year, will be returning for a week prior to returning home to his family for Christmas. His visit will overlap with yet two more French WWOOFers, young women here for the first time.



We wish you a joyful and peaceful Christmas-tide and hopes for a New Year that brings peace to our beautiful planet.

Julia, on behalf of Orest, Peter and Christine





SOUTHERN LIGHTS CENTRE DIARY NOTES

WEDDINGS AT SOUTHERN LIGHTS CENTRE

Southern Lights Centre is a beautiful place for a wedding, especially as spring and summer approaches. The temple is available a wedding, Long Bay House for reception surrounded by beautiful views.

The temple is a unique space designed to marry heaven and earth, spirit and matter, the masculine and the feminine. It is a space that stands free from any religion or philosophy and offers any person(s) from any background a place where they can connect with their essential nature, connect with each other and find true meaning in their lives.



There are spaces (especially in front of the temple) where an outside service could be held. There are many possibilities at Southern Lights Centre to create a wedding. Below are three outlines that could be altered to suit your needs.

Option 1) - an outside service - The backdrop of the Akaroa harbour and the temple would make a perfect place for an outdoor wedding.

Option 2) - a service in the temple - The temple is a sacred space and talks constantly of marriage.

It is the perfect place to conduct a small ceremony.

Option 3) - a reception in Long Bay House – this could be used to house a small reception of up to 20 people. All the facilities of the space could be utilized for this occasion.



Please contact Southern Lights Centre for further details:
433 Long Bay Rd

Julia 021-1736813, Orest 021-1434583

julia.tarnawsky@gmail.com, orestpleiades@gmail.com

UPDATES and INFORMATION **SOUTHERN LIGHTS CENTRE**

LONG BAY HOUSE – HIRE



Long Bay House is available for hire. It is the perfect place for workshops, meetings, or a weekend getaway. It is nestled on the hills of the Banks Peninsula with stunning views. It comes complete with kitchen facilities, shower and toilet facilities and can accommodate 4-6 people in the dormitory, plus the cabins which sleep another 4-6.

Facilities available:

- * temple access
- * 2 workshop/teaching rooms
- * beds
- * kitchen
- * shower/toilet
- * picnic table, nature walks

Please contact Southern Lights Centre for details: Julia.tarnawsky@gmail.com



TRIANGLE CENTRE
AOTEAROA • NEW ZEALAND

124 Wellington Rd, Paekakariki, Tel/fax: 027 2891422
information@trianglecentre.org.nz , www.trianglecentre.org.nz,

Sender: **Southern Lights Centre**
433 Long Bay Road
Akaroa
New Zealand

Summer Solstice
21 December 2024 – 10.21 pm (NZT)

WEB SITE www.southernlights.org.nz

This site is regularly updated. You can download the Newsletter; keep up with events that happen between Newsletter printings and see some of the photos of current projects and events.

Please contact us if you have a relevant link.